

Comet Alumni Spotlight

Taylor Streid Dettmann Class of 2005



Educational Background: After attending St. Thomas from kindergarten to 8th grade I went to Peoria Notre Dame for high school and graduated in 2009. I went to Saint Louis University for college, graduating with my Bachelors in Exercise Science and then graduated with my Doctorate of Physical Therapy from SLU in 2015.

Recent Achievements: I swam at SLU for four years and after swimming I have competed in CrossFit on an international level, culminating in a CrossFit Games appearance in 2019, 2020, and 2021. I stayed in St. Louis after college and have been working as an orthopedic physical therapist for 10 years now. I love being a part of getting people back to what they want to do in life and help them achieve their goals.

Family: My parents are Tim and Julie Streid and are both very involved in STS community. My mom retired last October as the parish accountant after 12 years of service. I have two brothers that both graduated from STS, Mark and Grant Streid. My husband Matt and I got married in 2022 and just this summer welcomed twin boys into the world, Oliver and Theo. We are so in love with them.

Favorite experience as a St. Thomas Comet: My 8th grade year as a whole was probably my favorite experience as a Comet. It was a special year being the oldest in the school and I enjoyed all the extra activities we got to do that year, my favorite being cheerleading. The boys in our class won the Diocesan tournament for basketball and we thought that was the coolest thing to be a part of.

St. Thomas teacher who made an impact on you: This is honestly a really hard question because I liked all of my teachers at STS. A few standouts were Miss Hertz, Miss Goff, and Mrs Martin (Smith). Mrs Martin probably had the biggest impact on me and helped me become a more mature individual in 7th grade.

Piece of advice for current Comets: Enjoy all the moments that you have. You are blessed to be at a Catholic school furthering your education and faith. Take every opportunity that you have including all sports, plays, and clubs that are available. I played basketball and volleyball (poorly) but got the opportunity to play these sports I otherwise wouldn't have.

