

Comet Alumni Spotlight

Madissyn Fredericks

St. Thomas Class of 2006



Educational Background:

I had the honor of attending St. Thomas Grade School from 1st grade through 8th grade. Once I graduated, I went on to attend Peoria Notre Dame High School from 2006-2010. In 2014 I earned my Bachelors of Science degree in Psychology from the University of Iowa. I continued my education from 2015-2017 at Northwestern University where I earned my Masters degree in Counseling Psychology.

Family:

My relationship with my family has always been one I have held close to my heart. I have two younger sisters, Brenyn and Brooklyn, who have always been my best friends. I became an Auntie to a sweet baby boy in March of this year! He is a little gift from God who has brought so much happiness into our lives. I am very blessed to have such a wonderful relationship with my family and thank God every day for them.

My college sweetheart and I currently reside in Chicago, IL with our favorite pup, Oakley! He is our little ray of sunshine who makes us laugh on a daily basis. We love living in the city of Chicago and pray to grow our family one day!

Recent Achievements:

Today, I am a Licensed Clinical Professional Counselor at a private practice in Chicago, IL. I have been a mental health therapist for the past 7 years and have truly loved the lives I have been able to touch while in this profession. I primarily work with adult individuals and couples who are struggling with anxiety, depression, OCD, low self-esteem, relationship concerns, etc. It has been a privilege to be someone others can lean on in their hardest moments. It makes me so happy to see my clients continue to improve, grow, and teach me new things every single day!

Favorite experience as a St. Thomas Comet:

I have so many fond memories as a St. Thomas Comet! My favorite memory was cheering for the Comets at all the 8th Grade basketball games. My mom was one of my cheer coaches that year and our squad had so much fun practicing cheers, learning dances, and cheering on the comets.

St. Thomas teacher who made an impact on you:

There were two teachers who made an impact on me. The first one was my 4th Grade teacher, Mrs. Pfeiffer. She had such a gentle and kind spirit and called us her "Cherubs". She showed me what it looks like to always be kind. The second one was my 5th Grade teacher, Mrs. Miller. She was my first declamation coach and had so much confidence in me. She helped me believe I could do anything I put my mind to.

Piece of advice for current Comets:

Trust yourself and God's plan for you! I truly believe he is there in our most difficult times leading us to the beautiful plan he has in store.