

# Comet Alumni Spotlight

## Lauren Waible Beal Class of 2002



**Educational Background:** I attended St. Thomas for Kindergarten through 8th grade and Peoria Notre Dame for high school. After high school, I earned my degree in Biology at Saint Louis University. Following undergrad, I attended Lake Erie College Of Osteopathic Medicine in Erie, PA. My first two years of classroom learning were in Erie and my clinical years were in Cleveland, Ohio. I completed my residency at Saint Louis University in Saint Louis, MO for Family Medicine.

**Recent Achievements:** I started a small business baking custom cakes. My passion lies in allergy friendly baked goods.

**Family:** My husband, Mike, and I met at Saint Louis University in undergrad. We married in 2017 and have two boys, Alexander (5) and Aiden (soon to be 4). Our beloved dog, Norton, counts as our third son.

**Favorite experience as a St. Thomas Comet:** I have fond memories of playing basketball, soccer and cheering as a Comet. I've always had a passion for dance and cheerleading and even returned to help coach/choreograph for the cheerleading team.

**St. Thomas teacher who made an impact on you:** Mrs. Sullivan and Ms. Hertz were two of my favorites that come to mind. They were both so patient and kind.

**Piece of advice for current Comets:** Enjoy these years and make good friendships. They are likely to last a long time.

